

Trips
 True Colors Play, "DOT", 8/1
 WalMart Shopping, 8/8
 Front Porch Players, "Monky Business", 8/10
 MC Carlos Museum, 8/16
 Village Café, 8/21
 Kroger Shopping, 8/22
 Breman Jewish Museum, 8/28

Events/Activities
 Kelly Tours, 8/3
 UHC Bingo, 8/8
 Extension Service, Mobile Market, 8/10
 Candle Making, 8/13
 Nutrition Class, 8/15
 AARP Meeting, 8/15
 Georgia Cares, 8/17 (by Appointment only)

Masquerade Ball, 8/18
 Extension Service, Mobile Market, 8/24

Classes
 Art Activity
 Theatre Arts
 Basic Cell Phone
 Beginner's In Motion
 Book Club
 Computer Keyboarding
 Crafts Made Simple
 Crochet
 Jewelry Making
 Sculpting with Clay
 Weigh Down
 Writer's Club

Atrium and Cafeteria
Activities
 Breakfast w/Joy
 Tuesdays &
 Thursdays @ 9:30am
 In Motion Low Impact
 Fridays @9:30am

Monday	Tuesday	Wednesday	Thursday	Friday
				
Art Activity 10:00am 6 Theatre Arts @ 10am New Session Begins 01 	Breakfast and Fitness w/Joy 7 9:30am Basic Cell Phone 9-9:45 Crafts Made Simple 10am BINGO 10:30am Wii Game 12:30pm 	1 Trip to True Colors Play "DOT" Break Week	2 Breakfast and Fitness with Joy 9:30am Crochet 10am BINGO 10:30 am Computer Keyboarding 1:30 Break Week	3 In Motion Low Impact Weigh Down 10:30 Kelly Tours 1:00pm Break Week
Art Activity 10:00am 13 Theatre Arts @ 10am Candle Making 10:00am 	Breakfast and Fitness w/Joy 14 9:30am Basic Cell Phone 9-9:45 Crafts Made Simple 10am BINGO 10:30am Book Club Meeting 	8 WalMart Shopping Trip UHC Bingo 12pm-1:30pm 	9 Breakfast and Fitness with Joy 9:30am Crochet 10am BINGO 10:30 am Jewelry Making 1:00-5:00 Computer Keyboarding 1:30 	10 In Motion Low Impact Front Porch Players: Monky Business Garden Club Meeting Theatre Arts @ 10am Weigh Down 10:30 Sculpting w/Clay 12p Extension Service, Mobile Market 10am
Art Activity 10:00am 20 Theatre Arts @ 10am 	Breakfast and Fitness w/Joy 21 9:30am Trip to "Village Café" Basic Cell Phone 9-9:45 Crafts Made Simple 10am BINGO 10:30am Wii Game 12:30pm	15 Nutrition Class AARP Meeting 	16 Breakfast and Fitness with Joy 9:30am Trip to MC Carlos Museum Crochet 10am BINGO 10:30 am Jewelry Making 1:00-5:00 Computer Keyboarding 1:30	17 In Motion Low Impact GEORGIA CARES Theatre Arts @ 10am Weigh Down 10:30 Sculpting w/Clay 12p Masquerade Ball Tomorrow, Saturday 8/18 6pm-10pm 
Art Activity 10:00am 27 Theatre Arts @ 10am 	Breakfast and Fitness w/Joy 28 9:30am Trip to the Breman Jewish Museum Basic Cell Phone 9-9:45 Crafts Made Simple 10am BINGO 10:30am Wii Game 12:30pm	22 Kroger Shopping Trip 	23 Breakfast and Fitness with Joy 9:30am Crochet 10am BINGO 10:30 am Jewelry Making 1:00-5:00 Computer Keyboarding 1:30	24 In Motion Low Impact Theatre Arts @ 10am Weigh Down 10:30 Sculpting w/Clay 12p Extension Service, Mobile Market 10am
		29 "Wherever there is a human being, there is an opportunity for kindness." 	30 Breakfast and Fitness with Joy 9:30am Crochet 10am BINGO 10:30 am Jewelry Making 1:00-5:00 Computer Keyboarding 1:30	31 In Motion Low Impact Theatre Arts @ 10am Weigh Down 10:30 Sculpting w/Clay 12p

Be kind to humankind week! Say or do something nice to/for another person.

As of 7/25/18

FRANK BAILEY FITNESS / SENIOR CENTER