

Week 1 March

PICCADILLY FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /		,			
Entrée	Baked Chicken	Baked Fish	Grilled Pork Loin	Baked Fish	Grilled Chicken Breast
Entrée	Smothered Pork chop	Meat Loaf	Baked Swiss Steak	Fried Chicken	Fried Fish
Entrée	Chicken Tenders	Spicy Cajun Chicken	Hot Dogs/Chili	Spaghetti Baked Italian	Hamburgers
Entrée	Beef Liver	Turkey & Dressing	Baked Chicken	Chicken Tenders	Baked Chicken
Side/Vegetable	Rutabagas	Mashed Potatoes	Polynesia Rice	Baked Sweet Potato	Steam Corn
Side/Vegetable	Broccoli & Rice Casserole	Whole Okra	Green Beans	Cabbage	Seasoning Spinach
Side/Vegetable	Grilled Squash/Zucchini	Navy Beans	Candied Yams	Blackeye Peas	Macaroni & Cheese
Healthy Choice/					
Side Healthy Choice/	Steamed Cabbage	Broccoli	Spinach	Collard Greens	Vegetable & Medley
Side	Broccoli	Carrots	Beets	Seasoning Carrots	Pinto Beans
Healthy Choice/ Fruit/Dessert	Apple	Orange	Apple	Orange	Apple
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Cucumber Salad
Side/Salads	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Side/Salads	Carrot Raisin Salad	Neptune Salad	Cobb Salad	Carrot Raisin Salad	Chicken Salad
Bread	Sof Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Sweet Potato Pie	Buttermilk Cheese	Sweet Potato Pie	Apple	Lemon Meringue
Soup					

Dietician Signature: Chandra B. Carty, R.D.N, L.D



Week 2 March

PICCADILLY FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /		Baked Fish		Lemon Pepper Baked	
Entrée	Beef Liver/Onions		Grilled Chicken Breast	Fish	Grilled Pork Loin
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Entrée	Chicken Tenders	Teriyaki Chicken Wings	Chicken Pot Pie	Fried Chicken	Fried Fish
_					Meatballs & Brown
Entrée	Baked Swiss Steak	Roast Beef	Chopped Beef/Onions	Chicken Wings	gravy & Onion Sauce
Entrée	Chuckwagon Stew	Smothered Pork Chop	Baked Chicken	Meat Loaf w Spanish Sauce	Fried Fish
	eaektrageetc	omomercu i om omop	Janea Gineken		
Side/Vegetable	Mac & Cheese	Mashed Potatoes	Cornbread Dressing	Twice Baked Potato	Carrot Souffle
Side/Vegetable	Black-Eyed Peas	Whole Okra	Green Beans	Steamed Broccoli	Breaded Okra
Jide, regetable	Black Lyca i cas	William Okto	Green Beans	Steamed Broccon	Dredded Oliva
Side/Vegetable	Cabbage	Yellow Rice	Sweet Potatoes	Pinto Beans	Broccoli & Rice
Healthy Choice/	,				
Side	Collard Greens	Broccoli	Spinach	Turnip Greens	Mixed Vegetables
Healthy Choice/					
Side	Corn	Carrots	Beets	Peas & Carrots	Corn
Healthy Choice/					
Fruit/Dessert	Apple	Orange	Apple	Orange	Apple
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Cucumber Salad	Tossed Spring Salad	Ceasar Salad
Side/Salads	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad
Side/Salads	Cucumber Salad	Carrot Raisin Salad	Neptune Salad	Chef Salad	Neptune Salad
Jide/Jalaus	Cacamber Salaa	Carrot Naisiii Salad	Neptune Salau	Circi Jaiau	Neptune Salau
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
not bessert	CODDICI	CODDICI	CODDICI	CODDICI	CODDICI
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Pineapple Upside Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Pecan Pie	Chocolate Crème Pie	Sweet Potato Pie	Strawberry Short Cake	Sweet Potatoe Pie
Soup					
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Dietician Signature: Chandra B. Carty, R.D.N, L.D



Week 3 March

FOOD SERVICE	Monday Tuesday Wednesday		Thursday	Friday		
Healthy Choice /						
Entrée	Beef liver & Onions	Baked Fish	Grilled Pork Loin	Chopped Beef/Onions	Grilled Pork Loin	
Entrée	Chicken Tenders	BBQ Wings	Chicken Nuggets	Fried Chicken	Fried Fish	
				Spicy Cajun Shrimp	Meatloaf with Spanish	
Entrée	Smothered Pork Chop	Meat Loaf	Hot Dogs/Chili	Over Rice	Sauce	
Entrée	Turkey & Dressing	Chicken & Dumpling	Baked Chicken	Beef Stew / Rice	Baked Fish	
Cida (Manatahla	Candiad Vanas	Machael Datatage	Fried Olmo	Daliad Datata	Counct Couffle	
Side/Vegetable	Candied Yams	Mashed Potatoes	Fried Okra	Baked Potato	Carrot Souffle	
Side/Vegetable	Dry Lima Beans	Green Peas	Green Beans	Cabbage	Frozen Lima Beans	
,						
Side/Vegetable	Cabbage	Fried Squash	Baked Potato	Pinto Beans	Broccoli & Rice	
Healthy Choice/						
Side	Turnip Greens	Broccoli	Spinach	Collard Greens	Mixed Vegetables	
Healthy Choice/						
Side	Corn	Peas & Carrots	Beets	Season Carrots	Corn on the cob	
Healthy Choice/	Danasa	0	A I -	0	A	
Fruit/Dessert	Banana	Orange	Apple	Orange	Apple	
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	
Side, Saidas	Tossea Spring Salaa	rossed Spring Salad	rossed Spring Salad	Tossed Spring Saida	Tossed Spring Salad	
Side/Salads	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	
					Chocolate/Vanilla	
Side/Salads	Neptune Salad	Chef Salad	Broccoli Mandeline	Pasta Salad	Pudding	
Bread	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	
Hat Dasset	Cabbles	Cabbles	Cabbles	Cabbles	Cabbles	
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler	
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake	
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Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	
Dessert	Sweet Potao Pie	Apple Pie	Pecan Pie	Coconut Cream Pie	Chocolate Crème Pie	
Soup						

Dietician Signature: Chandra B. Carty, R.D.N. L.D.

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Week 4 March



PICCADILLY FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /		Baked Fish		Baked Fish	Grilled Chicken Breast
Entrée	Beef Liver/Onions		Grilled Pork Loin		
Entrée	Chicken Tenders	BBQ Wings	Chicken Tenders	Fried Chicken	Southern Fried Fish
		Meat Loaf w Brown			Chopped Steaks with
Entrée	Baked Swiss Steak	Gravy	Hot Dogs	Italian Spaghetti Baked	Gravy & Onions
Entrée	Blackened Shrimp/Rice	CHINESE Pepper Steak	Baked Chicken	Turkey & Dressing	Fried Fish w/ Hushpuppies
Entree	Biackeneu Siiriirip/Rice	CHINESE Pepper Steak	bakeu Chicken	Turkey & Dressing	nusripuppies
Side/Vegetable	Mac & Cheese	Mashed Potatoes	Carrot Souffle	Twice Baked Potato	Broccoli & Rice
Side/Vegetable	Black-Eyed Peas	Fried Okra	Green Beans	Cabbage	Carrot Souffle
Side/ Vegetable	Diack-Lycu i cas	THEO ON O	Green Beans	Сарраде	Carrot Sourite
Side/Vegetable	Cabbage	Yellow Rice	Sweet Potatoes	Pinto Beans	Yellow Rice
Healthy Choice/					
Side	Turnip Greens	Broccoli	Spinach	Collard Greens	Mixed Vegetables
Healthy Choice/					
Side	Corn	Carrots	Beets	Peas & Carrots	Broccoli
Healthy Choice/					
Fruit/Dessert	Apple	Orange	Apple	Orange	Apple
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Side/Salads	Cucumber	Broccoli Mandeline	Carrot Salad	Beets	Pudding
					Ü
Bread	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Strawberry Cake	Chocolate Cake	Strawberry Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet	Italian Cream	Cheesecake
Dessert					

Dietician Signature: Chandra B. Carty, R.D.N. L.D.

I certify, that the above menus, meet the 20%+ nutrient targets for American males and females, 51+ years, based on Dietary Guidelines 2021-2015.

Dietician Signature:

Chandra B. Carty, R.D.N, L.D



Week 5 March

FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /			·	·	
Entrée	Beef Liver & Onions	Grilled Chicken Breast	Baked Fish	Chopped Beef/Onions	Grilled Pork Chop
Entrée	Chicken Tenders	BBQ Wings	Baked Chicken	Friied Chicken	Southern Fried Fish
		Meatloaf with Spanish			
Entrée	Smothered Pork Chops	Sauce	Chopped Steaks	Italian Spaghetti Baked	Chicken
	Red Bean, Rice and				
Entrée	Sausage	Chicken Tetrazzini	Baked Chicken	Turkey & Dressing	Baked Chicken
Side/Vegetable	Mac & Cheese	Mashed Potatoes	Fried Squash	Polynesia Rice	Candied Yams
	Black_Eyed Peas	Yellow Rice	Sweet Potatoes	Pinto Beans	Broccoli & Rice
Side/Vegetable	Cabbage	Buttered Okra	Green Beans	Cabbage	Collar Greens
Healthy Choice/					
Side	Turnip Greens	Broccoli	Corn	Collard Greens	Mixed Vegetables
Healthy Choice/					
Side	Corn	Carrots	Beets	Peas & Carrots	Buttered Okra
Healthy Choice/					
Fruit/Dessert	Apple	Banana	Orange	Apple	Orange
Side/Salads	Tossed Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit Salad
Side/Salads	Cucumber	Carrot Raisin	Neptune	Broccoli Madeline	Cucumber
Healthy Choice/					
Bread					
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Cornstick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Cobbler	Cobbler	Cobbler	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Lemon Iced Box Pie	Italian Cream Cake	Sweet Potato Pie
Dessert					
Soup					

I certify that the above menu, meets 20%, plus or minus, the monthly nutrient targets, for American males and females, 51+ yrs, based on the Dietary Guidelines 2021-2025.				
Dietician Signature:	Clandia B. Carty, R.D.N. L.D	Date:	2/25/2025	

Entrée	Entrée/Chicken	Congregate/Entrée	Side/Vegetable	Side/Congregate/Ve getable	Side/Starch	Side/Salads	Hot Dessert	Desserts
Turkey and Dressing	Fried Chicken	Chicken Braised Turkey and	Corn	Cabbage	White Rice	Spring Salad	Bread Pudding	Chocolate Cake
Chopped Steak	Cajun Baked Chicken Lemon Pepper	Dumplings Cheeseburger	Carrot Soufflé	Broccoli	Yellow Rice	Broccoli Madeline	Cobbler	Yellow Cake
Southern Fried Fish	Chicken	Casserole	Greens	Boiled Okra	New Potatoes Roasted New	Spiced Beets		Red Velvet Cake
Salmon Patty	Broiled Chicken	Chicken Cacciatore	Green Beans	Carrots	Potatoes	Potato Salad		Italian Cream Cake
Liver and Onions	Rotisserie Chicken	Meatloaf	Grilled Vegetables	Mixed Squash	Mashed Potatoes Macaroni and	Cole Slaw		Sweet Potatoes Pie
Spicy Cajun Chicken Chicken and		Chicken Pot Pie	Spinach		Cheese	Fresh Fruit Salad		Custard Pie
Dumplings		Salisbury Steak	Spinach Florentine		Broccoli and Rice	Carrot and Raisin		Buttermilk Chess
Stuffed Peppers		Chicken Parmigiano W/ Penne Pasta Sausage and	Smothered Okra		Black-eyed Peas	Macaroni Salad		Coconut Pie
Smothered Pork Loin Spaghetti and Meat		Cabbage			Lima Beans	Italian Rotini		
Sause Baked Cod Fish Chicken Tetrazzini Red Beans, Rice, and		Lasagna Casserole			Pinto Beans Sweet Potatoes	Cucumber and Onion		

Chuck Wagon Stew

Sausage Grilled Chicken Tenders BBQ Ribs Lasagna Meatloaf

Chicken Cacciatore Swiss Steak Chicken Etouffee Meat Ball Subs Pizza



7/1/2019

7/2/2019

7/3/2019

7/4/2019

7/5/2019

PICCADILLY FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /	Grilled Chicken with	Beef Liver with Grilled	Salisbury Steak with		
Entrée	Onions and Peppers	Onions	Onions	Closed for 4th of July	Chicken & Dumplings
			2 Beef Hot Dogs w/		
Entrée	Chicken Salad	BBQ Ribs	Chili		Southern Fried Fish
					Blackened Shrimp with
Entrée	Turkey & Dressing	Baked Fish	Smothered Pork Chop		Pasta
			Lemon Pepper Baked		
Entrée/Chicken	Fried Chicken Tenders	Baked Cajun Chicken	Chicken		Rotisserie Chicken
Side/Vegetable	Spinach Florentine	Mashed Potatoes	Green Beans		Cabbage
Side/Vegetable	Yellow Squash	Buttered Okra	White Rice		Broccoli & Rice
Healthy Choice/					
Side	Corn	Turnip Greens	New Potatoes		Rutabagas
Healthy Choice/					
Side	Broccoli	Black-eyed Peas	Carrots		Lima Beans
Healthy Choice/					
Fruit/Dessert	Chocolate Pudding	Banana	Orange		Apple
Soup	Vegetable Soup				
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad		Tossed Spring Salad
Side/Salads	Fresh Fruit Salad	Potato Salad	Cole Slaw		Fresh Fruit Salad
Side/Salads	Broccoli Madeline	Spiced Beets	Pasta Salad		Cole Slaw
Healthy Choice/					
Bread	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat		Sliced Whole Wheat
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick		Soft Roll/Corn Stick
Hot Dessert	Cobbler	Bread Pudding	Cobbler		Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake		Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake		Red Velvet Cake
Dessert	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie		Sweet Potato Pie
Dessert	Buttermilk Chess	Custard Pie	Buttermilk Chess		Buttermilk Chess



7/8/2019

7/9/2019

7/10/2019

7/11/2019

7/12/2019

PICCADILLY FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /	Lemon Pepper Fish	Grilled Chicken with	Salisbury Steak with	Grilled Chicken with	
Entrée	(pollock)	Onions and Peppers	Sautéed Mushrooms	Sautéed Mushrooms	Grilled Pork Loin
				Italian Meat Sauce and	
Entrée	Tuna Salad	BBQ Beef Sandwich	Chicken Etouffee/ Rice	Spaghetti	Hamburger w/fixings
Entrée	Meatloaf	Liver & Onion Sauce	Baked Fish	Turkey and Dressing	Rotisserie Chicken
			Lemon Pepper Baked		
Entrée/Chicken	Fried Chicken Tenders	Baked Cajun Chicken	Chicken	Fried Chicken	Southern Fried Fish
Side/Vegetable	Mixed Squash	Smothered Okra	Fried Okra	Broccoli	Cabbage
Side/Vegetable	Mashed Potatoes	Macaroni and Cheese	Green Beans	Sweet Potatoes	Broccoli & Rice
Healthy Choice/					
Side	Broccoli	Yellow Rice	Roasted Potatoes	Corn	Mixed Vegetables
Healthy Choice/					
Side	Kidney Beans	Turnip Greens	Peas & Carrots	Spinach	Pinto Beans
Healthy Choice/					
Fruit/Dessert	Vanilla Pudding	Banana	Strawberries & Bananas	Chocolate Pudding	Orange
Soup	Chicken Noodle Soup				
Side/Salads	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Fresh Fruit Calad	Dotato Calad	Fresh Fruit Calad	Strawberry and	Frach Fruit Calad
Side/Salads	Fresh Fruit Salad	Potato Salad	Fresh Fruit Salad	Bananas	Fresh Fruit Salad
Side/Salads	Broccoli Madeline	Spiced Beets	Pasta Salad	Cucumber and Tomato	Broccoli Madeline
Healthy Choice/					
Bread	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat
Bread	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Bread Pudding	Cobbler
not bessert	CODDICI	Di Caa i aaaiiig	CODDICI	Dicad i duding	CODDICI
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie
Dessert	Buttermilk Chess	Custard Pie	Buttermilk Chess	Custard Pie	Buttermilk Chess



7/15/2019 7/16/2019 7/17/2019

7/18/2019

7/19/2019

FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /					
Entrée	Red Beans and Rice	Chicken Braised	Salisbury Steak	Baked Fish	Chicken & Dumplings
				Meat Sauce and	
Entrée	Chicken Tenders	Liver & Onion Sauce	Turkey and Dressing	Spaghetti	Southern Fried Fish
			2 Beef Hot Dogs w/		Blackened Shrimp wit
Entrée	Baked Fish	BBQ Ribs	Chili	Pot Roast	Pasta
			Lemon Pepper Baked		
Entrée/Chicken	Chicken Fried Steak	Baked Cajun Chicken	Chicken	Fried Chicken	Rotisserie Chicken
Side/Vegetable	Corn	Mashed Potatoes	Green Beans	Sweet Potatoes	Carrot Souffle
Side/Vegetable	Spinach	Buttered Okra	White Rice	Broccoli	Macaroni & Cheese
Healthy Choice/					
Side	Broccoli	Turnip Greens	New Potatoes	Spinach	Rutabagas
Healthy Choice/					
Side	Mixed Squash	Pinto Beans	Carrots	Black Eyed Peas	Lima Beans
Healthy Choice/					
Fruit/Dessert	Orange	Banana	Banana	Apple	Apple
Soup					
Side/Salads	Tossed Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
		Strawberry and		Strawberry and	
Side/Salads	Fresh Fruit Salad	Bananas	Fresh Fruit Salad	Bananas	Fresh Fruit Salad
Side/Salads	Broccoli Madeline	Potato Salad	Cole Slaw	Cucumber and Onion	Cole Slaw
Healthy Choice/					
Bread	Sliced Whole Wheat				
Bread	Soft Roll/Corn Stick				
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Bread Pudding	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Pecan Pie	Coconut Pie	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie
Dessert	Buttermilk Chess	Custard Pie	Buttermilk Chess	Custard Pie	Buttermilk Chess



7/22/2019

7/23/2019

7/24/2019

7/25/2019

7/26/2019

FOOD SERVICE	Monday	Tuesday	Wednesday	Thursday	Friday
Healthy Choice /		Beef Liver & Onions	Salisbury Steak	Baked Fish	Grilled Pork Loin
Entrée	Grilled Chicken		w/Mushroom		
				Meat Sauce and	
Entrée	Chicken Tenders	Baked Cajun Chicken	Chuck Wagon Stew	Spaghetti	Southern Fried Fish
Entrée	Tuna Salad Sandwich	Chicken Fried Steak	Smothered Pork Chop	Turkey & Dressing	Hamburger w/ Fixings
			Lemon Pepper Baked		
Entrée/Chicken	Baked Swiss Steak	BBQ Beef Sandwich	Chicken	Fried Chicken	Rotisserie Chicken
Side/Vegetable	Rice	Broccoli & Rice	Fried Okra	Carrot souffle	French Fries
Side/Vegetable	Spinach	Macaroni & Cheese	Green Beans	Mashed Potatoes	Lima Beans
Healthy Choice/					
Side	Broccoli	Turnip Greens	New Potatoes	Spinach	Corn
Healthy Choice/	NA:	Disab Frond Dana	Dana O Camata	Dinto Donno	NA:
Side Healthy Choice/	Mixed Vegetables	Black-Eyed Peas	Peas & Carrots	Pinto Beans	Mixed Squash
Fruit/Dessert	Orange	Apple	Banana	Vanilla Pudding	Orange
Soup	Broccoli Soup				
Side/Salads	Tossed Spring Salad	Tossed Salad	Tossed Spring Salad	Tossed Spring Salad	Tossed Spring Salad
Side/Salads	Strawberry & Bananas	Fresh Fruit Salad	Strawberry & Bananas	Fresh Fruit Salad	Macaroni Salad
Side/Salads	Pasta Salad	Spiced Beets	Pasta Salad	Cucumber and Tomato	Cole Slaw
Healthy Choice/ Bread	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat	Sliced Whole Wheat
Bread	Soft Roll/Corn Stick	Soft Roll/ Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick	Soft Roll/Corn Stick
Hot Dessert	Cobbler	Bread Pudding	Cobbler	Bread Pudding	Cobbler
Dessert	Yellow Cake	Chocolate Cake	Yellow Cake	Chocolate Cake	Yellow Cake
Dessert	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake	Italian Cream Cake	Red Velvet Cake
Dessert	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie	Coconut Pie	Sweet Potato Pie
Dessert	Buttermilk Chess	Pecan Pie	Buttermilk Chess	Custard Pie	Buttermilk Chess

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